

CAMP HANDBOOK

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Dear Counselor/Volunteer:

Welcome to NHM Summer Camps at Tiger Mountain.

I am excited that you are here. I am expecting God will not only minister to you but will minister through you.

This Manual and the training provided to you through NHM Family Ministries for New Horizons Ministries will highlight NHM camp core values, mission and vision statements and the practical aspects of the NHM camp experience. Those aspects include camp rules, dress code, activities, schedules, safety and security.

Once again, I am super excited and thankful that you have decided to serve with New Horizons Ministries and me to bring the Gospel of Jesus Christ to our youth.

Ministering Together,

Joshua Freeman NHM Camps Coordinator

VISION FOR NHM CAMPS

CORE BELIEFS

- 1. God loves people on an unconditional basis. God's love for you is not based on how good or how bad you have been. (Ephesians 2:8)
- 2. God desires a personal relationship with you! He desires a one-on-one intimate relationship. (Matthew 7:23)
- 3. Above all, God is about family. He desires to be the ultimate Father. (Ephesians 2:19)

MISSION STATEMENT

The Mission of NHM Camps is to "Tell and Show" the attendees how much God loves them, and to encourage them to seek a relationship with the ultimate Father, God.

VISION STATEMENT

Building a relationship with God, one child at a time.

IMPLEMENTING MISSION AND VISION STATEMENTS

- 1. By continually showing the love of God in our actions and attitudes toward all attendees. (I Corinthians 13)
 - a. Treat attendees as God treats them.
 - b. Always build up and never tear down each attendee.
 - c. Maintain a standard of discipline in a spirit of love when enforcing Christian standards and NHM camp rules.
- 2. By demonstrating an intimate relationship with God.
 - a. Children learn by imitation.
 - b. Inspire campers by spiritual participation in services.
- 3. By trusting the Holy Spirit to speak to the heart of those present.
 - a. Speak the Word of God under the anointing of the Holy Spirit believing that it will penetrate the heart of the individual. (Hebrews 4:12)
 - b. Believe God will do His job as we as counselors and volunteers do ours.

WHAT IS TIGER MOUNTAIN?

Tiger Mountain Conference Center (TMCC) is the campground for New Horizons Ministries, which includes churches in Eastern Oklahoma, Missouri, Arkansas and parts of Kansas. TMCC is located 7 miles east of Henryetta, Oklahoma, ¼ mile off I-40 on Tiger Mountain Road.

TMCC has been in operation for over 40 years. Our summer camps are distinctively Christian, upholding high moral standards and challenging students to follow Christ every day. Evening services, Bible teaching, fellowship and recreation are prepared specifically for kids, preteens, and teenagers at separate aged camps.

Counselors lead the campers in activities, enforce the dress code and camp rules, and lead small group discussions. The entire week is designed to help students learn how to talk about God and get to know God. Applications for campers and all workers/volunteers are available at nhmiphc.com/summercamps.html/.

CAMP ACTIVITIES

RECREATION

Volleyball, soccer, fishing, softball, basketball, flag football, golf, horseshoes, ping pong, paintball, tetherball, board games, and swimming are just a few of the fun events that are scheduled for the afternoon times.

GENERAL CAMP REGULATIONS

- Rock throwing and water fighting will not be permitted. All laser pointers, water guns and/or water fighting
 equipment, as well as any type of weapon will be confiscated and not returned. TMCC nor New Horizons
 Ministries (NHM) will be responsible for damages to motor vehicles or buildings, including windshields and
 windows.
- 2. We have a 'no tolerance' policy for fighting. Any physical fighting or threat will be taken seriously and campers will be sent home.
- 3. There will be no smoking on the grounds. The use of tobacco of any type is not permitted on the grounds at any time.
- 4. Fireworks, bicycles, skates, rollerblades and skateboards are prohibited on the grounds.
- 5. Radios, CD and DVD players and headset listening devices may be used only inside cabins. Excessive volume will not be tolerated at any time.
- 6. Cell phones and personal electronic devices are strongly discouraged. Once your child has arrived at camp and has informed you of his/her safe arrival, we will collect cell phones and keep them locked in the Staff Office. Your child will be allowed to make cell phone calls during afternoon free time if requested. All phones will be returned at the close of camp.
- 7. No girls will be allowed in the boys' cabins and no boys will be allowed in the girls' cabins.
- 8. There will be no PDA among campers on TMCC campgrounds.

9. ALL campers must attend all morning assemblies and evening services. ALL campers must attend ALL cabin related activities.

BOUNDARIES

- 1. The playground is for DAYLIGHT use only. Campers will not be allowed to congregate on the playground during the evening hours.
- 2. Campers are to remain in lighted areas of the camp once it becomes dark.
- 3. The paintball area is open ONLY during paintball hours. It is off limits otherwise.

MEALS

Each camper will be expected to go through the food line at every meal. Whether he/she eats is up to him/her, but everyone must go through the line at every meal.

CAMP T-SHIRTS

Volunteers and staff may purchase camp t-shirts for \$25.00 each. You can preorder a t-shirt by including your payment with your volunteer application and submitting it by May 1st. Please indicate size needed on your application.

DRESS CODE

The camp dress code is designed to provide an equitable dress code for all campers that encourages modesty above legalism. Parents and church leaders are urged to see that only clothing, which meets the policies and regulations of the conference center, is brought to camp. Please do not bring to TMCC clothing that you sense would be questionable for a Christian camp setting. Since TMCC is a Christian camp with a distinctly Christian atmosphere, the New Testament principle of modesty should always be the standard for dress at camps. It is the responsibility of the sponsors from each church to model the standard and enforce the camp dress code.

- 1. While on camp grounds, campers may not wear apparel that exposes the midriff, or extremely tight fitting clothing.
- 2. Shirts must cover neck to shoulder and neck to hips (no tank tops, spaghetti straps or midriff shirts).
- 3. Apparel may not display or promote tobacco, alcohol, controlled substances or inappropriate language.
- 4. Shoes and shirts must be worn outside cabins at all times, except while swimming.
- 5. While going to and from the swimming areas, ladies must wear shoes and a cover-up that covers from neck to knees over their swimsuits.
- 6. Modest swimsuits are appropriate while swimming. It is recommended that girls wear a one-piece swim suit. If you come to camp with a two-piece swim suit, bring a long DARK t-shirt as a cover up.
- 7. Young men should not wear tight fitting swimsuits and must wear shoes and T-shirts with their swimsuits while going to and from the swimming and shower house areas.

- 8. Shorts must be worn on the waist and should be no shorter than mid-thigh in length. Skirt length must be to the top of the knee or longer.
- 9. Slits in dresses and skirts are also to be modest in length.
- 10. Shorts are allowed any time of the day, except during the evening services. Jeans, pants, slacks, dresses and skirts of appropriate length are acceptable during the evening services.
- 11. Students and sponsors are encouraged to bring an extra set of clothes for recreation. Many of the recreation activities will be sweaty and will require different clothes for each day.
- 12. Socks and shoes are best. The terrain is rough with sand and dirt and flip flops are not the best footwear for these grounds. Shoes must be worn outdoors <u>at all times</u>.

SPENDING MONEY

Extra spending money is suggested for each student who attends camp. Our concession stand is open each afternoon from 2:00-4:00 and again after evening service for approximately one hour. Campers and staff may purchase snack items from this stand whenever it is open. It is recommended that each camper bring at least \$20.00-\$35.00 for this purpose. (For junior camp, it is a good idea to send envelopes with money for each day labeled with your child's name.)

SAMPLE DAILY SCHEDULE- NOT THE REAL SCHEDULE

Sample Schedule Day One (Subject to Change)

8:30-10:30 Registration at the Staff House

10:30 Counselor & CIT Meetings

11:00 Opening Assembly

12:00 Lunch

1:00 Afternoon Sports

1:15-2:45 Girls Swim

3:00-4:30 Boys Swim

5:30 Dinner

6:00 Worship Band rehearsal in Tabernacle

7:00 Evening Service

Lights out- differs with each camp

CAMP CHECK OUT is 4:00 PM on last day of each camp.

SEXUAL ABUSE

All counselors and volunteers are required to watch a training video on sexual abuse. All counselors and volunteers 18 years and older must submit to a criminal background check. No adult is to be alone with a camper, whether in a cabin, restroom, etc. ANY incident must be reported immediately to the camp coordinator. If in doubt, REPORT IT!

INSURANCE AND FIRST AID

1. A MEDICAL RELEASE FORM MUST BE COMPLETED FOR EACH CAMPER AND SIGNED BY A PARENT OR

- GUARDIAN. This form is included with the camp application and should be completed and submitted with the camp application form. This information is helpful to the camp medic in treating an injured or ill person.
- 2. Minor injuries or illnesses will be treated by the Nurse. If medical attention should be required, the sponsor (or an adult appointed by the sponsor) should come with the patient to the First Aid Station located in the Staff House.
- 3. If the illness or accident should be of a serious nature, a patient may be sent to a hospital or doctor in a nearby town. Each should first go to the First Aid Station for medical care and determination.
- 4. All campers must have proof of insurance on their medical information card.
- 5. NHM nor TMCC assumes no financial responsibility for any care or treatment given in the event hospital treatment is needed.

HEALTH CHECK

Each camper will be checked for head lice before checking into camp. Each group leader is asked to do a head check for lice with each camper before check-out at camp. If lice or other communicable health situations are present, the camper will not be allowed to remain for the camp.

PRESCRIPTION MEDICINE

- 1. At check-in, any prescription medications are to be given to Medical personnel and MUST be labeled with child's name, medication, occurrence, etc.
- 2. Your child will be called to the Office to take medications as prescribed.
- 3. Any OTC (over-the-counter) medications should be reported to the Office personnel or child's counselor so we are aware of medications on the premises.
- 4. Any illegal drugs found in anyone's possession will be confiscated and the sheriff will be called.

SAFETY & SECURITY

- 1. When camp is in session, TMCC is a closed campground. We ask that none of our staff leave the campground except in cases of emergency.
- 2. Those arriving after the start of camp, or coming for a visit while camp is in session are asked to check in and out at the Staff House.
- 3. For safety of all, we have a night security guard on duty from 'lights out' until 'rise 'n shine' time each night.

STAFF POSITIONS

It takes many people to make a camp successful. All staff are here to support and work together to minister to the campers who attend each camp. All staff members answer to the Camp Coordinator (CC), who has the final decision on all matters. For the safety and security of all our children, all persons over the age of 18 will be asked to fill out a consent form to have a criminal background check.

HEAD COOK: Planning the menu, purchasing food, cooking all meals

COOK ASSISTANT: Help the cook at each meal and in between meals in preparing desserts, etc. Go to store as needed for extra supplies.

KITCHEN ASSISTANTS:

- 1. volunteer to help in the preparation of the camp meals.
- 2. You will need to report at least one hour prior to each meal, help serve the meals and help to prepare desserts etc. as needed during the afternoons or evenings.
- 3. You will be able to 'bunk' in the kitchen staff room.

CONCESSION STAND OPERATORS:

- 1. Adults 18 years and older may volunteer to assist in the concession stand during times of operation.
- 2. Cleaning and restocking supplies in the concession stand after night closing are included in the maintaining of the concession stand.
- 3. Must be able to make change to work in the concession stand.

LIFEGUARDS: One for girls' swim time, one for boys' swim time each day. Must have lifeguard certificate, CPR and first aid certification.

CAMP MEDIC: On call at all times during camp, responsible to administer prescribed medications as needed, take care of minor and major emergencies. Must have CPR and First Aid certifications.

NIGHT SECURITY: Patrol the grounds from lights out time until rise and shine time.

SPORTS DIRECTOR: Plan sports activities, coordinate competition brackets, order and arrange sports awards, do cabin checks each morning

Worship Leaders: Plan, direct and lead worship music for each session, direct camp choir and worship band, assist with cabin checks each morning if needed

CABIN LEADER:

- 1. Each church is strongly urged to send a counselor with each group--one for boys and one for girls.
- 2. Any adult, aged 21 or over, can apply to be a counselor for Tiger Mountain Summer Camps.
- 3. For the safety and security of all campers, each counselor <u>must</u> submit to a criminal background check.
- 4. We will assign 2, no more than 3, counselors to a cabin at one camp. Applicants for counselor received and approved by the Camp Coordinator will be notified of their acceptance.

- 5. Any adult who does not apply to be a counselor prior to the opening day of a camp may not be allowed to remain at camp as a counselor. He/she may be asked to help in other places: kitchen, concession, etc.
- 6. A counselor may/may not be assigned to a cabin housing his/her local church campers.
- 7. All forms, including the pastor recommendation form, must be received by the Camp Coordinator by May 15th of each year. The applicant will be notified of His/her acceptance.

COUNSELOR-IN-TRAINING:

Youth ages 16-18 may apply to be a Counselor-in-Training (CIT), or assistant counselor.

- 1. The CIT will work with an adult counselor in taking care of the campers, helping to guide them to activities, group sports, counseling with them, praying with them and working with campers at the altars each service.
- 2. The CIT will be responsible to help the campers clean the cabin each morning and at camp check-out.
- 3. At no time will the CIT be the only one in charge of the entire cabin.
- 4. An adult will be the head counselor and final decision-maker.
- 5. Six boys and 6 girls will be accepted as CITs at each camp.
- 6. CIT applications must to be received by the Camp Coordinator by May 1st of each year.
- 7. The CIT must include a pastor's recommendation form with his/her Worker Application (form attached to the CIT application).
- 8. All CITs must be approved by the Camp Coordinator.
- 9. No CIT can work with his/her same age group of campers.

WHAT TO PACK

Please label all personal belongings.

Sheets or sleeping bag (all beds are twin size)
Comforter or quilt (cabins are air conditioned)
Pillow
Towels (bath towels and swim towel)
Toiletries (toothbrush, toothpaste, deodorant, shampoo, soap, sunscreen, etc.)
Closed-toe shoes
Shower shoes
Clothing (see dress code)
Prescription Meds (must be checked in to camp medic)
Bible and notebook
Spending money (we will have Hot food for sale at snack shack)
Bag for dirty clothes
Insect Repellent
Lotion
Water bottle
Sunglasses
Flashlight
Swimsuits
Life jacket

DO NOT BRING - Weapons of any kind